



# INOMHUS-KM 2016

Arena: Viahallen  
Ort: Nynäshamn  
Datum: 20160319  
Arrangör: Ösmo Nynäs FIK  
Tävlingsledn.: Johan Jergander

Samtliga deltagare tillhörande Ösmo Nynäs FIK

\* Klubbrekord i åldersklassen

## M Kula 7.26

|                                |       |  |           |
|--------------------------------|-------|--|-----------|
| 1. Johan Jergander (-70 M45)   | 10.18 | 9.53- <b>10.18</b> -9.71-X-9.94-X      | * (M/M45) |
| 2. Henrik Friberg (-75 M40)    | 9.76  | 9.26-9.47- <b>9.76</b> -9.54-X-X       |           |
| 3. Henrik Arnerdal (-74 M40)   | 9.35  | 9.31-9.11- <b>9.35</b> -8.64-9.06-9.29 |           |
| 4. Johan Löfstedt (-59 M55)    | 8.87  | 8.28- <b>8.87</b> -8.59-8.68-X-8.68    |           |
| 5. Gustaf Ternestedt (-75 M40) | 7.09  | 6.01- <b>7.09</b> -6.42-7.06-6.65-X    |           |

## M Höjdhopp

|                                |      |  |         |
|--------------------------------|------|--|---------|
| 1. Henrik Friberg (-75 M40)    | 1.52 |  |         |
| 2. Gustaf Ternestedt (-75 M40) | 1.49 |  |         |
| 3. Johan Jergander (-70 M45)   | 1.31 |  |         |
| 4. Johan Löfstedt (-59 M55)    | 1.16 |  | * (M55) |

## K Kula 4.0

|                             |      |                                       |         |
|-----------------------------|------|---------------------------------------|---------|
| 1. Anna Rydäng (-79 K35)    | 7.57 | 7.10- <b>7.57</b> -X-7.18-X-X         | * (K35) |
| 2. Ulrika Wilkman (-72 K40) | 7.22 | <b>7.22</b> -7.11-6.89-7.01-7.17-6.66 |         |
| 3. Anna Arnerdal (-75 K40)  | 7.18 | 6.60-7.05-7.08-6.97-6.56- <b>7.18</b> |         |

## K Höjdhopp

|                            |      |  |         |
|----------------------------|------|--|---------|
| 1. Anna Rydäng (-79 K35)   | 1.34 |  | * (K35) |
| 2. Anna Arnerdal (-75 K40) | 1.10 |  |         |
| - Ulrika Wilkman (-72 K40) | X    |  |         |

## P15 Kula 4.0

|                            |       |                                    |  |
|----------------------------|-------|------------------------------------|--|
| 1. Gabriel Jergander (-01) | 10.24 | 9.98-9.69-10.12- <b>10.24</b> -X-X |  |
| 2. Elias Ternestedt (-01)  | 6.67  | <b>6.67</b> -6.11-6.36-5.75-X-6.02 |  |

## P15 Höjdhop

|                            |      |  |  |
|----------------------------|------|--|--|
| 1. Elias Ternestedt (-01)  | 1.40 |  |  |
| 2. Gabriel Jergander (-01) | 1.25 |  |  |

## F14 Kula 3.0

|                          |      |  |  |
|--------------------------|------|--|--|
| 1. Ida Arnerdal (-02)    | 7.23 | <b>7.23</b> -5.76- <del>7.08</del> -5.78-6.75-6.53 |  |
| 2. Wilma Wilkman (-02)   | 7.23 | <del>6.79</del> -6.52-6.34-6.66-6.68- <b>7.23</b>  |  |
| 3. Valeria Gandish (-02) | 5.81 | 5.70-5.29-4.63-5.01-5.55- <b>5.81</b>              |  |

## F14 Höjdhopp

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|                          |      |
|--------------------------|------|
| 1. Valeria Gandish (-02) | 1.25 |
| 2. Wilma Wilkman (-02)   | 1.16 |
| 3. Ida Arnerdal (-02)    | 1.13 |

## F13 Kula 2.0

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|                        |      |  |
|------------------------|------|--|
| 1. Maja Friberg (-03)  | 8.17 | 7.66-7.96-7.72-7.55- <b>8.17</b> -7.97 |
| 2. Elin Eriksson (-03) | 7.26 | <b>7.26</b> -6.87-7.14-6.96-7.21-7.13  |
| 3. Saga Ekesryd (-03)  | 6.92 | 5.75-5.93-5.17- <b>6.27</b> -6.92-5.76 |

## F13 Höjdhopp

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|                        |      |
|------------------------|------|
| 1. Elin Eriksson (-03) | 1.28 |
| 2. Maja Friberg (-03)  | 1.25 |

## P12 2x30 meter

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|                             | Lopp 1 | Lopp 1 | Totalt |
|-----------------------------|--------|--------|--------|
| 1. Axel Sundberg (-04)      | 4.69   | 5.03   | 9.72   |
| 2. Ivar Lättman-Masch (-04) | 4.66   | 5.26   | 9.92   |

## P12 Höjdhopp

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|                             |      |
|-----------------------------|------|
| 1. Ivar Lättman-Masch (-04) | 1.19 |
| 2. Axel Sundberg (-04)      | 1.13 |

## P12 Kula 3.0

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|                             |      |                                     |   |
|-----------------------------|------|-------------------------------------|---|
| 1. Ivar Lättman-Masch (-04) | 7.78 | 7.44-6.59- <b>7.78</b> -7.72-7.63-X | * |
|-----------------------------|------|-------------------------------------|---|

## F12 2x30 meter

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|                      | Lopp 1 | Lopp 1 | Totalt |
|----------------------|--------|--------|--------|
| 1. Alice Rosén (-04) | 5.42   | 6.17   | 11.59  |

## F12 Höjdhopp

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|                      |      |
|----------------------|------|
| 1. Alice Rosén (-04) | 1.13 |
|----------------------|------|

## F12 Kula 2.0

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|                      |      |                                  |
|----------------------|------|----------------------------------|
| 1. Alice Rosén (-04) | 5.59 | 4.54- <b>5.59</b> -5.18-X-X-5.12 |
|----------------------|------|----------------------------------|

## P11 2x30 meter

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|                          | Lopp 1 | Lopp 1 | Totalt |
|--------------------------|--------|--------|--------|
| 1. Märten Arnerdal (-05) | 5.93   | 5.62   | 11.55  |

## P11 Höjdhopp

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|                          |      |
|--------------------------|------|
| 1. Märten Arnerdal (-05) | 1.00 |
|--------------------------|------|

## P11 Kula 2.0

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|                          |      |                                       |
|--------------------------|------|---------------------------------------|
| 1. Märten Arnerdal (-05) | 8.28 | 7.88-7.64-7.43-7.05-8.24- <b>8.28</b> |
|--------------------------|------|---------------------------------------|

## F11 2x30 meter

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|                               | Lopp 1 | Lopp 1 | Totalt |
|-------------------------------|--------|--------|--------|
| 1. Linnea Backlund (-05)      | 5.07   | 4.94   | 10.01  |
| 2. Lovisa Friberg (-05)       | 5.38   | 5.12   | 10.50  |
| 3. Moa Lundgren (-05)         | 5.44   | 6.05   | 11.49  |
| 4. Ekaterina Bolshakova (-05) | 5.98   | 6.03   | 12.01  |

## F11 Höjdhopp

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|                               |      |
|-------------------------------|------|
| 1. Linnea Backlund (-05)      | 1.16 |
| 2. Lovisa Friberg (-05)       | 1.10 |
| 3. Ekaterina Bolshakova (-05) | 1.00 |
| 4. Moa Lundgren (-05)         | 0.90 |

## F11 Kula 2.0

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|                               |      |  |   |
|-------------------------------|------|--|---|
| 1. Linnea Backlund (-05)      | 6.88 | 5.62-6.37-5.99-6.65-6.50- <b>6.88</b>  | * |
| 2. Ekaterina Bolshakova (-05) | 5.45 | <b>5.45</b> -X-4.09-3.65-4.77-5.38     |   |
| 3. Lovisa Friberg (-05)       | 4.93 | 4.72-4.89-4.54-4.33-4.58- <b>4.93</b>  |   |
| 4. Moa Lundgren (-05)         | 4.92 | 3.99-4.48-4.57-4.78- <b>4.92</b> -4.73 |   |

## P9 2x30 meter

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Lopp 1    Lopp 1    Totalt

|                          |      |      |       |
|--------------------------|------|------|-------|
| 1. Viktor Sundberg (-07) | 6.44 | 5.94 | 12.38 |
|--------------------------|------|------|-------|

## P9 Höjdhopp

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|                          |      |
|--------------------------|------|
| 1. Viktor Sundberg (-07) | 0.85 |
|--------------------------|------|

## P9 Kula 2.0

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|                          |      |  |
|--------------------------|------|--|
| 1. Viktor Sundberg (-07) | 3.14 | 2.67-2.40-2.93- <b>3.14</b> -2.97-2.72 |
|--------------------------|------|--|

## F9 2x30 meter

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Lopp 1    Lopp 1    Totalt

|                               |      |      |       |
|-------------------------------|------|------|-------|
| 1. Hedvig Lättman-Masch (-07) | 5.80 | 5.78 | 11.58 |
|-------------------------------|------|------|-------|

## F9 Höjdhopp

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|                               |      |
|-------------------------------|------|
| 1. Hedvig Lättman-Masch (-07) | 0.94 |
|-------------------------------|------|

## F9 Kula 2.0

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|                               |      |                                       |
|-------------------------------|------|---------------------------------------|
| 1. Hedvig Lättman-Masch (-07) | 4.29 | 4.22-4.16-4.36-3.77-4.20- <b>4.29</b> |
|-------------------------------|------|---------------------------------------|

## P8 2x30 meter

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Lopp 1    Lopp 1    Totalt

|                             |      |      |       |
|-----------------------------|------|------|-------|
| 1. Jonathan Wallentin (-08) | 5.97 | 5.84 | 11.81 |
|-----------------------------|------|------|-------|

## P8 Höjdhopp

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|                             |      |
|-----------------------------|------|
| 1. Jonathan Wallentin (-08) | 0.85 |
|-----------------------------|------|

## P8 Kula 2.9

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|                             |      |  |
|-----------------------------|------|--|
| 1. Jonathan Wallentin (-08) | 3.52 | 1.82-2.36-2.94- <b>3.52</b> -3.17-3.44 |
|-----------------------------|------|--|

## F8 2x30 meter

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Lopp 1    Lopp 1    Totalt

|                          |      |      |       |
|--------------------------|------|------|-------|
| 1. Olivia Backlund (-08) | 6.16 | 6.19 | 12.35 |
| 2. Tanya Wallentin (-08) | 6.21 | 6.16 | 12.37 |
| 3. Ebba Svedman (-08)    | 6.16 | 6.22 | 12.38 |
| 4. Emma Rasch (-08)      | 6.21 | 6.31 | 12.52 |

## F8 Höjdhopp

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|                          |      |
|--------------------------|------|
| 1. Tanya Wallentin (-08) | 0.91 |
| 2. Ebba Svedman (-08)    | 0.78 |
| 3. Olivia Backlund (-08) | 0.75 |

## F8 Kula 2.0

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|                          |      |  |
|--------------------------|------|--|
| 1. Olivia Backlund (-08) | 4.04 | 3.60-3.15-3.74-3.66-3.94- <b>4.04</b>  |
| 2. Tanya Wallentin (-08) | 2.97 | 2.96-2.80-2.88- <b>2.97</b> -2.75-2.84 |
| 3. Ebba Svedman (-08)    | 2.64 | 0.93-X- <b>2.64</b> -2.58-0.98-2.59    |
| 4. Emma Rasch (-08)      | 2.58 | 2.18-1.88- <b>2.58</b> -2.23-2.58-2.18 |

## P7 2x30 meter

Lopp 1    Lopp 1    Totalt

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|                         |      |      |       |
|-------------------------|------|------|-------|
| 1. Liam Jergander (-09) | 6.82 | 6.69 | 13.51 |
|-------------------------|------|------|-------|

## P7 Höjdhopp

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|                         |      |
|-------------------------|------|
| 1. Liam Jergander (-09) | 0.75 |
|-------------------------|------|

## P7 Kula 2.0

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|                         |      |  |
|-------------------------|------|--|
| 1. Liam Jergander (-09) | 3.33 | 3.27-3.27-3.24- <b>3.33</b> -3.32-3.29 |
|-------------------------|------|--|

## F7 2x30 meter

Lopp 1    Lopp 1    Totalt

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|                          |       |       |       |
|--------------------------|-------|-------|-------|
| 1. Wilda Indrén (-10)    | 8.25  | 8.19  | 16.44 |
| 2. Elicia Backlund (-13) | 11.57 | 11.24 | 22.81 |

## F7 Höjdhopp

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|                          |      |
|--------------------------|------|
| 1. Wilda Indrén (-10)    | 0.60 |
| 2. Elicia Backlund (-13) | 0.30 |

## F7 Kula 2.0

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|                       |      |                           |
|-----------------------|------|---------------------------|
| 1. Wilda Indrén (-10) | 1.52 | <b>1.52</b> -1.33-X-0-0-0 |
|-----------------------|------|---------------------------|

## M55 Kula 6.0

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|                         |      |                |
|-------------------------|------|----------------|
| 1. Johan Löfstedt (-59) | 9.40 | 9.40-0-0-0-0-0 |
|-------------------------|------|----------------|

Statistikansvarig /  
Johan Jergander